

SHEILA, 65
Domestic abuse survivor

“IT WAS BAD,
BUT I KNEW
I WOULD
NEVER LEAVE
THE SUPPORT
WE HAVE HAD
HAS ALLOWED
US TO STAY
TOGETHER BUT
SAFELY”



Domestic abuse
is **never** acceptable
whatever your **age**

CALL 55+ SAFETY NET
01206 500584

Leave or stay safely together,
whatever you choose,
we're here for you.

www.livingwellessex.org/55-plus